

Your Map to Recreation and Fitness

JANUARY 2023 - DECEMBER 2024

Fitness Center at O'Donnell Hall

Spin studio
Weight training
Personal stretching room

The Annex

Gymnasium for group exercise classes, intramurals and open play

Rec Plex Plus at Straz Tower

REC PLEX

Fitness center
Free weight room
Golf practice area
Group exercise room
Gymnasiums (2)
Racquetball and squash
Running track
Swimming pool

PLUS

(West side of Straz)
Cardio equipment
Personal stretching room
Weight training

(Shared: Lockers, sauna, steam room and whirlpool)

New Home of Wellness + Recreation
Opening January 2025

Cristo Rey Jesuit High School

(1818 West National Avenue)
Gymnasium only for club sports practices, including men's and women's basketball and volleyball

Old Gymnasium

Open play, intramurals and club basketball

OUTDOOR WORKOUT STATIONS

- 1 - Cramer Hall
- 2 - Raynor Memorial Library
- 3 - Sensenbrenner Hall
- 4 - Coughlin Hall
- 5 - Lalumiere Language Hall

OUTDOOR FITNESS

- 1 - Valley Fields (running track)
- 2 - Norris Park (open recreation)



Find building hours and more information online at marquette.edu/recreational-sports



MARQUETTE UNIVERSITY

BE THE DIFFERENCE.