

# Inside Look: New Recreation and Fitness Spaces

JANUARY 2023 - DECEMBER 2024

## Rec Plex Plus at Straz Tower

**PLUS** (West side of Straz)

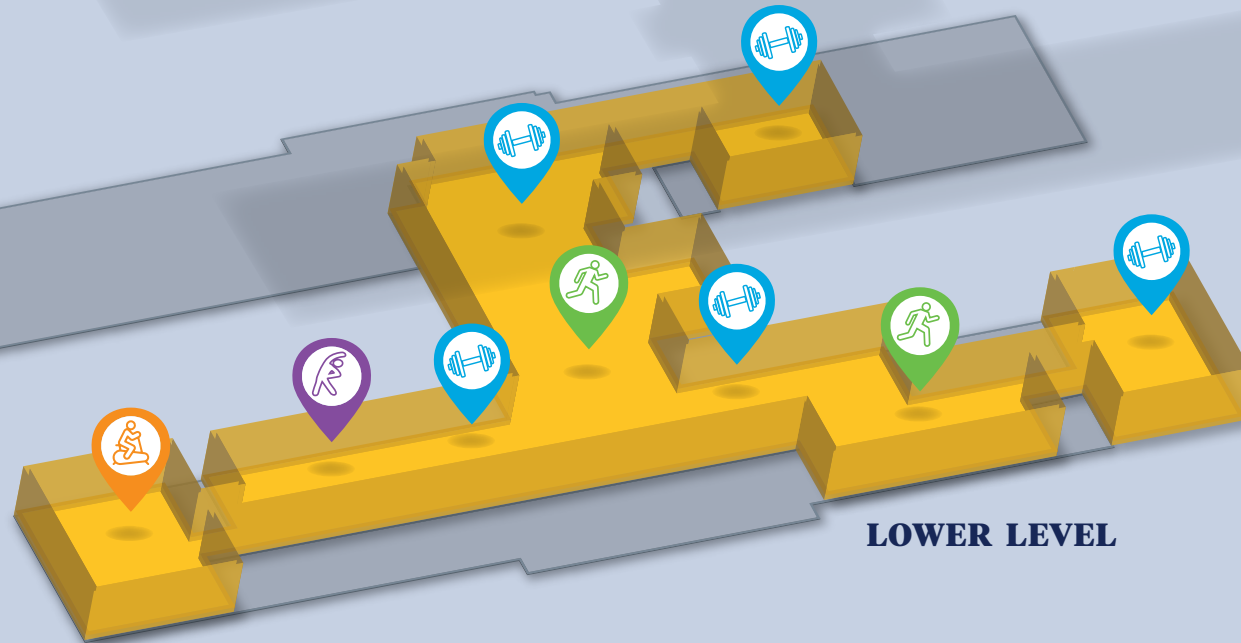
Cardio equipment  
Personal stretching room  
Weight training

**Also Includes:**  
Lockers, sauna, steam room and whirlpool









## Fitness Center at O'Donnell Hall

Spin studio  
Weight training  
Personal stretching room



FIRST LEVEL

LOWER LEVEL

-  CHECK-IN LOCATION
-  WEIGHT TRAINING STATIONS
-  CARDIO FITNESS
-  STRETCHING ROOM
-  SPIN STUDIO
-  CLUB SPORTS OFFICE

### CRISTO REY JESUIT HIGH SCHOOL

Gymnasium only for club sports practices, including men's and women's basketball and volleyball

### OLD GYMNASIUM

Open play, intramurals and club basketball

### THE ANNEX

Gymnasium for group exercise classes, intramurals and open play

Find building hours and more information online at [marquette.edu/recreational-sports](http://marquette.edu/recreational-sports)

Please reference the accompanying map for an overview of all recreation and fitness spaces.

